

2nd Grade Remote learning 2020-2021

Unit 2 – Session 10 – How to Make a Good Confession

Parents,

This session is about How to Make a Good Confession. Here is some vocabulary that may help you. This is not for your child but to help you as you explain this session to them.

- Act of Contrition – A special prayer said during the Sacrament of Penance and Reconciliation in which we tell God that we are sorry for our sins because we love Him and not because we are afraid of Him. We also tell Him that we will make up for our sins.
- Examination of Conscience – A prayerful review of what we have done and what we have failed to do that helps us to think about whether we have broken one of the Ten Commandments or hurt God, His Church, other people or ourselves.
- Seal of Confession – A special grace given to priests in the Sacrament of Penance and Reconciliation by which they are bound to keep secret everything confessed to them. Priests will never reveal to anyone the sins confessed to God through them.

The students should learn

- God always invites us to know His love and mercy and wants to forgive us for our sins.
- During His earthly life, Jesus established a practical way for us to receive God’s forgiveness-the Sacrament of Penance and Reconciliation.
- An examination of conscience helps us to think about how we have sinned so that we may prepare to make a good Confession.

Here is what you need to do this week.

- Have your child turn to page 87 in their book and look at the picture.
 - What do they see?
 - Tell them about the story of King David and point out how it is similar to when we sin and go to Reconciliation.
 - David was born about 3,000 years ago, the youngest of 8 children, and was a lowly shepherd. As a young man, he defeated the giant Goliath in battle. God chose David to be the new king of Israel and promised David and Israel that the Messiah would come from David’s line. The Messiah would establish a kingdom that would endure forever. God said to David, “Your house and your kingdom are firm forever before me; your throne shall be firmly established forever” Later, Dave sinned against God. He abandoned his men in battle, was unfaithful to his wife, tried to cover it up and then had his mistress’s husband killed. David, however, came to recognize his sin, and fully repented. He sought God’s forgiveness, and God forgave Him. Despite David’s sinfulness, God kept His promise! All His promises were fulfilled in Jesus.
- Work with your child on pages 88-90.
 - Explain the following as you work through it.
 - Contrition
 - Sorry for our sins. When our conscience tells us that we have committed a sin, we feel sorrow. Our sorrow moves us to seek God’s forgiveness and to resolve or make a commitment not to sin again. This resolve is important. If we plan to commit this sin again, we are not truly sorry.
 - Confession
 - Telling our sins to a priest who acts in the place of Jesus.
 - When we tell our sins to a priest, we take full responsibility for our sins.

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- When we sin, we hurt not only God but also His Church. That is why we must confess to a priest.
- God will forgive all of our sins if we are truly sorry for them and ask Him for His forgiveness.
- We not be forgiven of our sins if we purposely do not tell them to the priest.
- When we hid our sins, we are acting as if we do not believe that God will forgive them.
- Do not be a afraid of what the priest will think of you. There is no sin that you will confess that he has not heard before.
- A priest can never tell anyone what you have confessed. Ever. This is called the seal of Confession.
- Jesus is very happy when we go to Confession and tell all of our sins.
- Penance
 - An act the priest will give us to do to make up for our sins.
 - It is important that we do it right away after we are done with confession so we don't forget.
 - Doing an act of penance helps to make us spiritually healthy again.
 - The penance given may be prayers or an act of mercy or kindness.
 - Absolution
 - The priest acts in the name of Jesus and His Church and absolves us of or forgives our sins.
 - The priests acts in the Person of Christ. That means that it is not the priest who forgives us, but Jesus Himself acting through the priest.
- Practice going to confession
- Review the Examination of Conscience (attached) and on pages 91,92

Nothing needs to be turned in for this week.